



FOTA ISLAND
RESORT



Afternoon Tea

*Welcome to your Afternoon Tea Experience
at Fota Island Resort. Please enjoy from the following
selection of decadent & delicious teas.*

IRISH BREAKFAST TEA

*A smooth, well balanced cup with a
stout aroma*

EARL GREY

*Exquisite balance of briskness,
strength, body and vigour*

DARJEELING

*Sophisticated, fruity and wonderfully
complex musical aromas.*

CHUNMEE GREEN TEA

*China's favourite Green Tea. Soft,
fruity aroma, high in antioxidants.*

JASMINE GREEN TEA

*Carefully selected Jasmine flowers
are used to steam our first grade,
Spring flush Green Tea.*

WHITE TEA (Pai Mu Tan)

*1st grade, 1st flush White Peony tea.
Naturally very low in caffeine and high
in antioxidants.*

PEPPERMINT DELIGHT

*A soothing tea with refreshing
peppermint, liquorice and fennel.
Caffeine free.*

CHAMOMILE RELAX

*A soothing and calming blend with
sweet chamomile, rose and fennel.*

ROOIBOS CACAO CHAI

*A delicate, sweet flavoured blend of
rooibos and oriental spices.*

BERRY FRUITY

*Refreshingly zesty with real
blueberries and hibiscus. Caffeine free
and no added aromas.*



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*Tantalise your taste-buds and enjoy a scrumptious selection
of sweet & savoury delights*

Sweet

RICE PUDDING MOUSSE
blackberry compote | puffed rice
1 | 2 | (V)

CHOUX BUN
strawberry | elderflower
1 | 2 | 11 | (V)

CHOCOLATE BATTENBERG
1 | 2 | 10 | 11 | (V)

RASPBERRY MACARON
1 | 2 | 10 | (V)

HOMEMADE SCONES
clotted cream | jam
1 | 2 | 11 | (V)

BANANA BREAD
1 | 2 | 8 | 11 | (V)

TRADITIONAL CARROT CAKE
1 | 2 | 11 | (V)

Savoury

IRISH BEEF PASTRAMI
pickled cucumber | horseradish mayo |
focaccia
1 | 8 | 9 | 11 | 13

CHICKEN AND TOMATO AIOLI
sourdough brioche
1 | 2 | 8 | 9 | 11 | 13

JAMES MCGEOUGH'S AIR DRIED
HAM
feta | pickled red onion | rocket | wrap
1 | 2 | 9 | 11 | 13

O'CONNELL SMOKED SALMON
chive cream cheese | rocket | bagel
2 | 5 | 11

1 Eggs | 2 Milk | 3 Shellfish | 4 Molluscs | 5 Fish |
6 Peanuts | 7 Sesame | 8 Soya | 9 Sulphites |
10 Nuts | 11 Gluten | 12 Celery | 13 Mustard |
14 Lupin | (V) Vegetarian